# INHAT HAPPENED TO THEIR HANDS?

Wrinkles, veins and cracks ... oh, my!
These stars' hands are aging faster than
the rest of their bodies

#### SHE'S SO VEIN

Madonna has "low body fat, creating a veiny, tendony look to her hands and forearms," says Philadelphia plastic surgeon Dr. Lyle Back. She seems to know her hands make her look older: She often wears gloves!

#### FILL HER UP

Plastic surgeryobsessed Kris Jenner seems to have forgotten one body part. "A face-lift turned the clock back for her face," says Dr. Back, "but fat injections would really help her wrinkled

REAL AGE

No wrinkles here!

hands."

REAL AGE
59

HANDS AGE

#### TOO MUCH SUN

56

Katie Holmes, 36, says she wears sunscreen every day, but it seems she missed two spots: her hands! "You should moisturize and use sunblock on the back of your hands every day," advises Dr. Luis Navarro, medical director of the Vein Treatment Center in NYC.

REAL AGE
36
HANDS AGE

### **ABULGING VESSELS**

"I love my hands," defends
Sarah Jessica Parker, adding
that they've always been
"super veiny." The star has
no plans to go under the
knife, but NYC-based plastic
surgeon Dr. Norman Rowe
says hand rejuvenation
surgeries – like hand lifts and
fat transfers – are gaining
popularity: "I perform
between five and 10 a week."

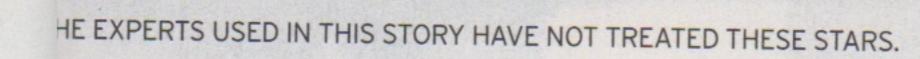
## HANDS AGE

"Dry skin appears to be the issue here," explains New Jersey-based dermatologist Dr. Rebecca Baxt of Chloë Sevigny's overly wrinkled fingers. The doc's advice for the American Horror Story star? "Moisturize like crazy."

REAL AGE
40
HANDS AG
65

#### ONE SMALL FLAW

Kirstie Alley looks amazing at 64 – for the most part.
"Women tend to take better care of their faces," says Dr.
Baxt, "then have accelerated aging in the hands or chest area due to neglect."



THE TOO-THIN

EFFECT

Angelina Jolie has gotten

scary-skinny in recent

years, which affects her

hands and forearms,

too. "Because of her

consistently low body fat,

her hands have lost

their fullness," explains

Dr. Back.

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