



## Body Bummer: Veins

**Julia (with Brayden, 2 years)**

"When I told my friends I was undergoing treatment for the veins on my legs, their reaction was: 'What veins?' It was then I realized how good I'd become at disguising them — few people had actually seen the road maps of insecurity that covered my legs. I visited the **Vein Treatment Center in New York City**, where director **Luis Navarro, M.D.**, did a combination of **sclerotherapy [injections of saline into the veins] and laser-assisted sclerotherapy**, which was much less painful than I'd anticipated.

While the process took longer than I expected — four treatments plus multiple touch-ups, for a total of \$2,500 — the results have been life-changing. I'm excited to show off my like-new legs this summer!"

Photo Credit: Chris Eckert/Studio D

