



How to Prep Your Skin for Beach Season

BY JULIANNE CARELL

If You Have Spider Veins

A quick trick: Minimize the appearance of blue-green varicose veins by using a yellow or orange waterproof concealer, like NYX Concealer in orange or yellow (\$5, nyxcosmetics.com). For a more permanent solution, look into sclerotherapy, a procedure in which a solution is injected into the vein. "The injection collapses the vein, which then reabsorbs back into the blood stream," says Luis Navarro, M.D., director of the Vein Treatment Center in New York City. "Veins treated will close and blood from the faulty veins will be rerouted to a healthy veins." Veins and bruising will fade within two to four weeks.